



Understanding the
Heart-Mouth
Connection

It's Heart Health Month!

Your Dental Health is Related to Your Heart Health

If you suffer from heart problems, here are some things to remember

when it comes to your dental care:

- Provide us with a complete list of the names and dosages of all the drugs you are taking for your heart condition (as well as any other prescription or nonprescription drugs that you may be taking). This will help us decide on the best treatment course for you, including the appropriate medications to use for dental procedures.
- Give us the name and phone number of your doctor(s) in case we need to speak to him or her about your care.
- If you are particularly nervous about undergoing a dental procedure because of your heart condition, talk with your dentist and heart doctor. Your doctor(s) and our staff can provide you with information and work with you on strategies for controlling dental pain and easing your fears.



Your health is our highest priority, so please take the steps that will keep your heart (and your teeth) in the best shape possible.

We're here for you! If you have any questions about how your heart condition can affect your dental care, please call our office. We look forward to your next visit!

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